

# The Florida Senate Local Funding Initiative Request Fiscal Year 2024-2025

LFIR # 2503

1. Project Title	Equipping Youth to Make Healthy Choices
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2. Senate Sponsor Blaise Ingoglia

3. Date of Request 12/27/2023

#### 4. Project/Program Description

E3 will provide Lake, Sumter, Hernando County Middle and/or High School students with the Equipping Youth (EY) Program. The program includes five to eight hours of positive youth development/risk avoidance programs designed to enhance cognitive and social-emotional self-regulation skills, promoting healthy choices and good decision-making skills. The EY Program equips youth with risk avoidance skills in five key areas (drugs, alcohol, sexual activity, violence, and tobacco/nicotine). It enhances the achievement of positive academic and life goals through instilling a sense of hope and future orientation and the emotional, physical, mental, social, and financial well-being that results from such hope. Students learn goal setting and implementation strategies that will be equally important for them to know as teens and adults. Students will be learning helpful resources to prevent suicidal ideation, human trafficking and increase awareness of the importance of social media safety.

#### 5. State Agency to receive requested funds

Department of Education

State Agency contacted? No

#### 6. Amount of the Nonrecurring Request for Fiscal Year 2024-2025

Type of Funding	Amount
Operations	350,630
Fixed Capital Outlay	0
Total State Funds Requested	350,630

7. Total Project Cost for Fiscal Year 2024-2025 (including matching funds available for this project)

Type of Funding	Amount	Percentage
Total State Funds Requested (from question #6)	350,630	82%
Matching Funds		
Federal	0	0%
State (excluding the amount of this request)	0	0%
Local	12,000	3%
Other	63,000	15%
Total Project Costs for Fiscal Year 2024-2025	425,630	100%

8. Has this project previously received state funding? No

Fiscal Year	Amo	ount	Specific	Vetoed
(уууу-уу)	Recurring	Nonrecurring	Appropriation #	

#### 9. Is future funding likely to be requested?

Yes 350,630

a. If yes, indicate nonrecurring amount per year.

#### b. Describe the source of funding that can be used in lieu of state funding.

Local, state and national foundations. County Children Council 's grants. Federal SRAE grants. Fundraising.



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#### 10. Has the entity requesting this project received any federal assistance related to the COVID-19 pandemic?

Yes

If yes, indicate the amount of funds received and what the funds were used for.

PPP loan of \$9,000.

## **Complete questions 11 and 12 for Fixed Capital Outlay Projects**

#### 11. Status of Construction

a. What is the current phase of the project?

O Planning O Design O Construction O N/A

b. Is the project "shovel ready" (i.e permitted)?

c. What is the estimated start date of construction?

d. What is the estimated completion date of construction?

No
Not a construction project
Not a construction Project

- 12. List the owners of the facility to receive, directly or indirectly, any fixed capital outlay funding. Include the relationship between the owners of the facility and the entity.
  - E3 Family Solutions

#### 13. Details on how the requested state funds will be expended

Spending Category	Description	Amount
Administrative Costs:		
Executive Director/Project Head Salary and Benefits	Executive Director 10% of salary \$60,000 - \$6,000 + Benefits (10.5%)) \$630	6,630
Other Salary and Benefits		0
Expense/Equipment/Travel/Supplies/ Other		0
Consultants/Contracted Services/Study		0
Operational Costs: Other		
Salary and Benefits	Payroll costs for two county coordinators \$48,000 each, one project manager \$52,000, 5 part time facilitators \$70,000, and a data analyst \$12,000+ 10.5% for benefits which include, Workman's Compensation, FICA, FUTA, and SUTA \$24,000.	254,000
Expense/Equipment/Travel/Supplies/ Other	Mileage \$17,000; Operations (postage, communications, registrations) \$2400; Insurance \$3,385, Supplies (Office supplies copies of pre/posttests, post surveys, handouts and props for activities) \$18,500; Incentives \$5300; Training in sexual risk avoidance education, REAL Essentials Healthy Relationship curriculum; Cultural sensitivity, mandatory reporting requirements and classroom management strategies \$5,800; Equipment projectors, portable printers for classroom use \$2,215.	54,600



# The Florida Senate

Local Funding Initiative Request

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Consultants/Contracted Services/Study Marketing to recruit and educate parents of teens to attend workshops on how to help their youth avoid risky behaviors and understand keep their teens safe from the potential dangers of social media \$24,000; bookkeeping services \$5400; Evaluation \$6,000		35,400	
Fixed Capital Construction/Major Renovation:			
Construction/Renovation/Land/ Planning Engineering		0	
Total State Funds Requested (must equal total from question #6)			

#### 14. Program Performance

#### a. What specific purpose or goal will be achieved by the funds requested?

The overall goal is to reduce negative consequences such as trafficking, addiction or teen pregnancy when youth become involved in high-risk activities and unhealthy relationships. Outcome # 1 – 75% of enrollees in the program will complete. (Attend 75% of the sessions.)

Outcome # 2 – 75% of students taking both pre and post-tests will demonstrate increased knowledge measuring knowledge gains in resisting peer pressure, potential consequences of risky behaviors, STD symptoms, social media safety, changes in the teen brain development that affects life-long habits and/or addictions, the relationship of single parenthood to poverty, and indicators of toxic relationships.

Outcome # 3 – Post surveys will reflect attitudinal shifts regarding a positive view of their future, strategic goal setting, personal responsibility, setting boundaries, increased understanding of healthy versus toxic relationships, and the benefits of saving sexual activity and childbearing until marriage.

#### b. What activities and services will be provided to meet the intended purpose of these funds?

Equipping Youth is a youth development program emphasizing healthy choices and good decision-making skills. The key concepts addressed are: 1. Intentional Goal Setting - Key Thought: Future; 2. Choices and Consequences - Key Thought: Personal choices, Consequences, and Responsibility; 3. Your Brain Under Pressure – Key Thought: Who's in Charge? 4. Social Pressure/Healthy Boundaries – Key Thought: Respect for Self and Others and 5. Healthy Relationships: Key Thought - Self Worth and Commitment to a Healthy Future. The program is interactive and includes incentives and "swag" with prevention messaging to enhance retention of the concepts.

#### c. What direct services will be provided to citizens by the appropriation project?

The program will be presented in 5 to 8 sessions to youth in middle and/or high schools, youth service organizations, alternative schools, in Sumter, Hernando, Lake and possibly adjoining counties. Students will receive 5 to 8 hours (classroom periods) of direct risk avoidance instruction from trained Sexual Risk Avoidance Specialists who are also certified in REAL Essentials Healthy Relationship Education curriculum.

#### d. Who is the target population served by this project? How many individuals are expected to be served?

3,500 youth in middle and high schools throughout Lake, Sumter and Hernando Counties. Programs on understanding the Teen Brain and Developing Self-Regulation will also be provided to 50 parents of youth and/or those who work with youth professionally (DJJ, Kid's Central, Community Coalitions, Children's Services Councils).

#### e. What is the expected benefit or outcome of this project? What is the methodology by which this outcome will be measured?

Pre and post-tests will measure knowledge gains regarding resisting peer pressure, potential consequences of risky behaviors, STD symptoms, social media safety, changes in the teen brain development that affects life-long habits and/or addictions, the relationship of single parenthood to poverty, and indicators of toxic relationships. In addition, post surveys will measure attitudinal shifts regarding a positive view of their future, strategic goal setting, personal responsibility, setting boundaries, increased understanding of healthy versus toxic relationships, and the benefits of saving sexual activity and childbearing until marriage. The evaluator and data analyst will work together to produce an evaluation and expected value return on investment document that can be used by other agencies for replication purposes.

#### f. What are the suggested penalties that the contracting agency may consider in addition to its standard penalties for failing to meet deliverables or performance measures provided for the contract?

Reduction of the appropriated dollars for this project.



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### **15. Requester Contact Information**

	a. First Name	Darla		Last Name	Huddleston		
	b. Organization	E3 Family Solutions, Inc.					
	c. E-mail Address	darla@e3familysolutions.org					
	d. Phone Number	(352)303-					
16. Recipient Contact Information							
	a. Organization	E3 Family	y Solutions, Inc.				
	b. Municipality and	l County	Hernando				
	c. Organization Ty	pe					
	□For Profit Entity						
	☑Non Profit 501(c)(3)						
	□Non Profit 501(c	on Profit 501(c)(4)					
	□Local Entity						
	□University or Co	llege					
	□Other (please specify)						
	d. First Name	Wendi		Last Name	Hileman		
	e. E-mail Address	Wendi@e	e3familysolutions	.org			
	f. Phone Number	(352)303	-0644				
17.	17. Lobbyist Contact Information						
	a. Name	None					
	b. Firm Name						
	c. E-mail Address						
	d. Phone Number						